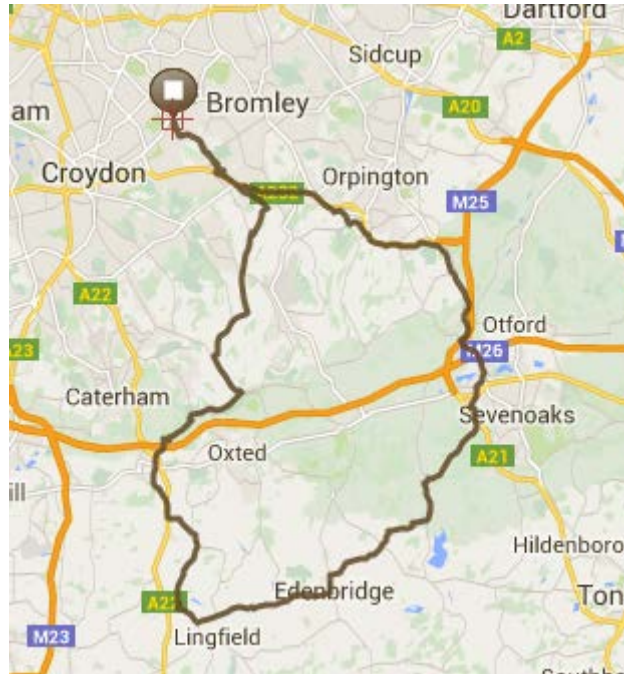


# Crystal Palace Triathletes

## Lingfield

80km (ride time) approx 2:45 @ 18mph; 3:06 @ 16mph and 3:49 @ 13mph)

➤ [View route and download to GPS/Android/iPhone etc](#)



### Ride details:

- Depart Elmers End
- Upper Elmers End Road towards West Wickham
- Left at Links Way
- Right at Rose Walk
- Left down Glebe Way
- Straight on at roundabout
- Right at Kingsway (Wickes) into Gates Green Rd
- Right at Nash Lane
- Left at t-junction, Layhams Road
- Straight on at crossroads into Skid Hill Lane
- T-junction left on Croydon Road
- Turn right just after Botley Hill Farm pub, onto The Ridge
- At approx 20k, go straight on to Gangers Hill
- Bear left and continue on Gangers Hill
- Bear left into Flower Lane
- Crossroads at the bottom of the hill, left and immediate right into Church Lane
- T-junction left on Eastbourne Road
- Roundabout turn right on to A22
- 1st turning on left into Miles Lane
- T-junction right onto Tandridge Lane
- T-junction left into Ray Lane (Red Barn pub)
- Up hill, 1<sup>st</sup> left into Lingfield Common Road
- This leads onto Haxted Road /Lingfield Road (long flattish section, ideal for chain gang)
- Traffic lights at Edenbridge, left into Station Road
- Under railway bridge, 1<sup>st</sup> right onto Four Elms Road

- On Toys Hill, turn right into Green Lane (approx 45k)
- Bear left and right onto Ide Hill Road
- Bear right at Ide Hill Village Hall continuing up Wheatsheaf Hill
- Onto Bessels Green Road
- After crossing the A25, bear right into Back Lane
- Continue into Cold Arbor Road
- At t-junction turn right onto Westerham Road
- 1<sup>st</sup> left into Witches Lane
- Straight on into Bullfinch Lane
- T-junction left onto London Road
- Straight on at roundabout
- Continue on London Road into Morants Court Road
- Cross the M25 and turn right at the Star Hill roundabout
- Up Polhill into London Road
- 2<sup>nd</sup> exit at roundabout onto Old London Road (Knockholt Station)
- T-junction left onto A21, Sevenoaks Road
- At 2<sup>nd</sup> roundabout take first exit, Cudham Lane North
- 1<sup>st</sup> right up and over Old Hill
- Turn left onto Shire Lane
- 1<sup>st</sup> right up Church Road
- Left onto Farnborough High Street
- Left at traffic lights onto A21
- At Chapter One traffic lights bear left towards Keston, Croydon Road
- Straight on at roundabout, up Glebe Way
- Right at West Wickham traffic lights into Station Road
- Back to Elmers End