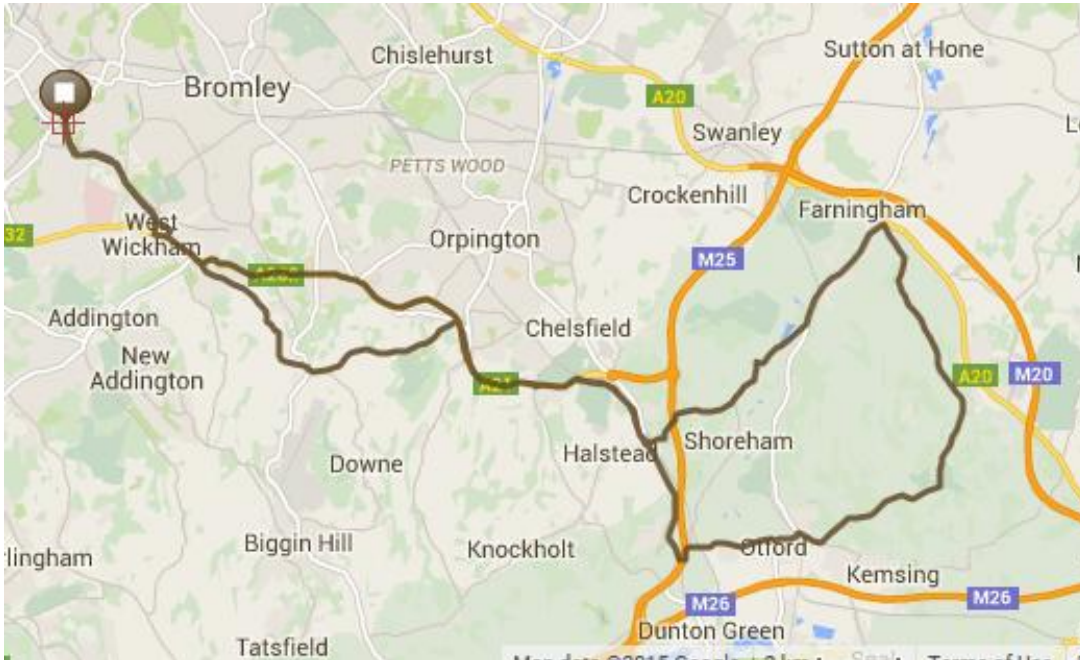


# Crystal Palace Triathletes

## Knatts Valley

61.5km (approx time 2:10 @ 18mph; 2:25 @ 16mph and 3:00 @ 13mph)

➤ [View route and download to GPS/Android/iPhone etc](#)



### Ride details:

- Depart Elmers End
- Turn left at West Wickham down Glebe Way
- Turn right at Kingsway (Wickes) into Gates Green Rd
- Continue into Jackass Lane
- Continue into Church Road to Keston Church
- Turn right onto A233 then left at roundabout, Downe Road
- Left at Shire Lane
- Right at mini-roundabout, then right on to A21
- Follow A21
- Right at London Road, (Knockholt Station)
- Continue onto Old London Road
- 2nd left at roundabout at Badgers Mount into Shacklands Road
- Go straight on past turn off for Shoreham Village (which is a left turn)
- Continue onto Castle Farm Road
- Right at t-junction, Castle Road (Lullingstone Water Centre)
- Follow Castle Road round
- T-junction, turn left on Eynsford Road (A225)
- Follow Station Road, High Street, Eynsford Road to Farningham
- Turn right at Beesfield Lane (last road before A20)
- Follow road to right, Maplescombe Lane into Knatts Valley Road
- Follow Knatts Valley Road for a few miles
- Take right turn at the junction, just past golf course, Tinker Pot Lane
- Straight on at crossroads, Clarkes Green Road
- Follow road to left into Birchyn Cross Road
- Left fork and left down Rowdown Lane (fast decent)

- Right at bottom of hill, onto Pilgrims Way East
- At junction, turn left onto Station Road (A225) to Otford Village
- Through Village, straight on at roundabout, High Street
- Continue onto Pilgrims Way West
- Turn right across M25 to Polhill
- Turn right up Polhill (A224)
- Old London Road off the roundabout, towards Knockholt Station
  - Option to go left towards Halstead and Knockholt (details not mapped or listed)
- Continue to A21
- Left on Sevenoaks Road (A21)
- Stay on A21 until Chapter One, turn left onto A232, Croydon Road
- Continue straight on, up Glebe Way to West Wickham
- Turn right at traffic lights in West Wickham, Station Road
- Keep going straight on back down Upper Elmers Road to starting point