

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|--|
| Race No. | Start Time | First Name | Last Name | Club name |
| 153 | 09:25 | Rick | Adams | RJAtri |
| 387 | 10:04 | Bhups | Adhikari | |
| 722 | 11:00 | Michael | Albone | |
| 456 | 10:15 | Marion | Aldous | kingfisher triathletes |
| 535 | 10:28 | Simon | Aldous | kingfisher triathletes |
| 235 | 09:38 | Frances | Aldridge | |
| 323 | 09:53 | George | Allan | Serpentine Running Club |
| 236 | 09:39 | Nicola | Anderson | ful-on tri |
| 201 | 09:33 | Ryan | Anglem | |
| 615 | 10:42 | Maija | Antila | Serpentine Running Club |
| 237 | 09:39 | Emma | Ashman-Clark | |
| 498 | 10:22 | Scott | Baker | |
| 727 | 11:00 | shelley | baker | South London Harriers |
| 202 | 09:33 | Rob | Baldock | |
| 199 | 09:32 | Lucy | Ball | |
| 293 | 09:48 | Claire | Ball | |
| 584 | 10:37 | Andrew | Bamford | |
| 56 | 09:09 | Charles | Barclay | windrush triathlon club |
| 388 | 10:04 | Susannah | Barlow | |
| 67 | 09:10 | Lois | Barmby | windrush triathlon club |
| 94 | 09:15 | Martyn | Barmby | windrush triathlon club |
| 55 | 09:08 | Ian | Barnard | Tri london |
| 781 | 11:09 | Scott | Barnett | Tri Henley |
| 616 | 10:42 | Stephen | Barr | Farnham Triathlon Club |
| 610 | 10:41 | Julian | Barrett | |
| 536 | 10:29 | Robert | Baxter | |
| 225 | 09:37 | Lawrence | BAYLIS | |
| 373 | 10:01 | Robin | Beaumont | |
| 705 | 10:57 | Angelo | Bella | Thames Turbo Triathlon Club |
| 782 | 11:10 | Luke | Belton | |
| 68 | 09:11 | Laura | Benton | windrush triathlon club |
| 316 | 09:52 | Simon | Benton | |
| 64 | 09:10 | Andrew | Betton | Tri london |
| 768 | 11:07 | Sophie | Biggs | Thames Turbo Triathlon Club |
| 74 | 09:12 | Sam | Birch | Tri london |
| 709 | 10:57 | Victoria | Bishop | East Essex Tri Club |
| 98 | 09:16 | Louise | Black | windrush triathlon club |
| 154 | 09:25 | Heather | Blake Sutton | |
| 769 | 11:07 | Tom | Blanshard | Clapham Chasers |
| 743 | 11:03 | Michael | Blom | |
| 155 | 09:25 | Katie | Bloom | |
| 617 | 10:42 | Mary | Blount | Chapel Tri Club Charnwood Triathlon Club |
| 773 | 11:08 | Emily | Blount | Chapel Tri Club Charnwood Triathlon Club |
| 611 | 10:41 | Sylvia | Boker | kingfisher triathletes |
| 499 | 10:22 | Sam | Bolton | |
| 85 | 09:13 | Adrian | Bond | windrush triathlon club |
| 203 | 09:33 | Edward | Bowen | |
| 105 | 09:17 | Andrew | Bowmer | windrush triathlon club |
| 710 | 10:58 | JOHNNY | BOYLAN | Serpentine Running Club |
| 668 | 10:51 | Nick | Brackenbury | London Fields Triathlon Club |

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| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|-------------------------------------|
| Race No. | Start Time | First Name | Last Name | Club name |
| 500 | 10:23 | James | Bradley | TriSexuals |
| 204 | 09:33 | Jade | Brady | |
| 18 | 09:02 | Lizzy | Brama | Crystal Palace Triathletes |
| 107 | 09:17 | Natasha | Branch | Serpentine Running Club |
| 489 | 10:21 | Ann | Brennan | Clapham Chasers |
| 329 | 09:54 | Jonathan | Brent | |
| 77 | 09:12 | Mark | Breslin | windrush triathlon club |
| 95 | 09:15 | Lisa | Bretherick | windrush triathlon club |
| 156 | 09:25 | Sally | Brian | |
| 592 | 10:38 | Richard | Bridger | ful-on tri |
| 238 | 09:39 | Jo | Briggs | |
| 515 | 10:25 | Richard | Brimelow | Clapham Chasers |
| 778 | 11:09 | Paul | Brockway | |
| 286 | 09:47 | Margarita | Bromberg | Beckenham Cycling Club |
| 239 | 09:39 | Anke | Bronius | |
| 593 | 10:38 | Ian | Brophy | |
| 240 | 09:39 | JENNIFER | BROWN | |
| 457 | 10:15 | James | Brown | Serpentine Running Club |
| 711 | 10:58 | Martin | Brown | Thames Turbo Triathlon Club |
| 121 | 09:19 | Anthony | Browne | Crystal Palace Triathletes |
| 33 | 09:05 | ray | brunsberg | Tri london |
| 618 | 10:42 | Katie | Brunt | |
| 157 | 09:25 | Jason | Bryan | |
| 759 | 11:06 | Sebastian | Buhs | Serpentine Running Club |
| 490 | 10:21 | Scott | Bullen | Addiscome Cycling Club |
| 294 | 09:48 | Calum | Bunce | |
| 389 | 10:04 | paul | Bunker | |
| 369 | 10:01 | Michael | Burns | |
| 458 | 10:16 | Andrew | Burrell | |
| 295 | 09:48 | Rebecca | Burrige | |
| 619 | 10:42 | Nicola | Busca | ful-on tri |
| 728 | 11:01 | Paolo | Buscaglia | Serpentine Running Club |
| 620 | 10:43 | Charlottle | Butcher | Dartford & White Oak Triathlon Club |
| 621 | 10:43 | Kevin | Butcher | Dartford & White Oak Triathlon Club |
| 438 | 10:12 | edward | butler | |
| 752 | 11:05 | Rohan | Byles | London Fields Triathlon Club |
| 125 | 09:20 | Rita | Cabaco | windrush triathlon club |
| 501 | 10:23 | Enrique | Cabado Fernandez | |
| 130 | 09:21 | Spencer | Cahalarn | |
| 502 | 10:23 | Katie | Calascione | Beckenham Running Club |
| 158 | 09:26 | James | Callaghan | |
| 622 | 10:43 | Tim | Callaghan | |
| 459 | 10:16 | Chris | Callender | |
| 51 | 09:08 | Jonathan | Calver | Tri london |
| 390 | 10:04 | Midge | Cameron | |
| 529 | 10:27 | Juliann | Canty | Clapham Chasers |
| 537 | 10:29 | Anthony | Carew | carew osteopathic clinic |
| 330 | 09:54 | Richard | Carter | |
| 439 | 10:12 | Felicity | Carus | |
| 102 | 09:16 | Aine | Cassidy | windrush triathlon club |

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| Race No. | Start Time | First Name | Last Name | Club name |
| 192 | 09:31 | Eloisa | Castrillo | |
| 391 | 10:04 | James | Cato | |
| 683 | 10:53 | Mark | Cawood | South London Harriers |
| 744 | 11:03 | Edward | Challes | ful-on tri |
| 8 | 09:01 | Luke | Chapman | Tri london |
| 623 | 10:43 | Ashley | Chapman | |
| 712 | 10:58 | Daniel | Chappell | Herne hill harriers |
| 538 | 10:29 | Simon | Chatwin | |
| 241 | 09:39 | Stephen | Cheal | |
| 392 | 10:05 | James | Chesher | |
| 491 | 10:21 | Kate | Chhatwal | |
| 159 | 09:26 | Lily | Chong | Serpentine Running Club |
| 723 | 11:00 | Jason | Clark | |
| 539 | 10:29 | Bruno | Claro | |
| 460 | 10:16 | oliver | close | |
| 296 | 09:49 | Sophie | Coen | |
| 624 | 10:43 | Lloyd | Collier | windrush triathlon club |
| 745 | 11:03 | Riccardo | Composto | Clapham Chasers |
| 41 | 09:06 | Mitch | Cooke | Crystal Palace Triathletes |
| 729 | 11:01 | Alexandra | Cooke | Serpentine Running Club |
| 393 | 10:05 | David | Cooper | Tri-Anglia Triathlon Club |
| 684 | 10:53 | Garry | Cooper | David Lloyd |
| 297 | 09:49 | Tim | Corrigan | |
| 331 | 09:54 | Alison | Cotton | |
| 332 | 09:55 | Sally | Coulthard | |
| 661 | 10:49 | Gavin | Counsell | |
| 131 | 09:21 | Paul | Crampin | London Fields Triathlon Club |
| 394 | 10:05 | Paul | Cregg | Beckenham RC |
| 461 | 10:16 | Ronnie | Crosbie | |
| 540 | 10:29 | Niall | Crowley | |
| 530 | 10:28 | Louis | Crust | |
| 531 | 10:28 | Joe | Crust | |
| 585 | 10:37 | Tom | Cumberlege | |
| 440 | 10:13 | Nicholas | Cumisky | Cummers RUNNERS |
| 541 | 10:29 | Corinne | Cunningham | |
| 746 | 11:04 | Richard | Curling | ful-on tri |
| 112 | 09:18 | Matthew | Curry | windrush triathlon club |
| 625 | 10:43 | Jason | Curtis | |
| 110 | 09:18 | Elizabeth | Curwen | windrush triathlon club |
| 586 | 10:37 | Jonathan | Dale | |
| 333 | 09:55 | Catherine | Daly | |
| 542 | 10:30 | Alexandra | Daly | |
| 298 | 09:49 | Maria | David | Serpentine Running Club |
| 132 | 09:21 | Jennifer | Davies | |
| 205 | 09:33 | Ben | Davies | |
| 334 | 09:55 | Joshua | Davies | |
| 129 | 09:21 | Sean | Davis | |
| 543 | 10:30 | Mark | Davis | Davis Brothers |
| 544 | 10:30 | Paul | Davis | Davis Brothers |
| 779 | 11:09 | Nicholas | de Bouillane | ful-on tri |

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| Race No. | Start Time | First Name | Last Name | Club name |
| 291 | 09:48 | Phil | de Montmorency | |
| 374 | 10:02 | Katy | Denny | Dulwich Park Runners |
| 335 | 09:55 | David | Dernis | |
| 612 | 10:41 | Christophe | Des vallieres | Serpentine Running Club |
| 20 | 09:03 | Aaron | Desborough | Tri london |
| 242 | 09:40 | Daniel | Devitt | London Fields Triathlon Club |
| 160 | 09:26 | Edward | Devlin | |
| 587 | 10:37 | Anna | Diamantopoulos | Serpentine Running Club |
| 91 | 09:14 | Guillermo | Diaz-Aguado | Tri london |
| 545 | 10:30 | Timothy | Dickinson | Dulwich Paragon CC |
| 282 | 09:46 | Maxwell | Dixon | |
| 730 | 11:01 | Holly | Dixon | greenwich tritons |
| 669 | 10:51 | Tim | Dobie | |
| 670 | 10:51 | Laurence | Dobie | The Tri-Sexuals |
| 75 | 09:12 | Lara | Doheny | Tri london |
| 57 | 09:09 | Ben | Dolman | windrush triathlon club |
| 375 | 10:02 | Ian | Donaldson | |
| 753 | 11:05 | james | donaldson | greenwich tritons |
| 127 | 09:20 | Angel | Dossier | windrush triathlon club |
| 754 | 11:05 | Josephibe | Dow | |
| 5 | 09:00 | Mike | Dowds | Crystal Palace Triathletes |
| 384 | 10:03 | Daniel | Doyle | |
| 161 | 09:26 | Sally | Drayton | |
| 594 | 10:38 | Cathy | Drew | |
| 713 | 10:58 | Franky | Ducombe | |
| 243 | 09:40 | Katarzyna | Duda | |
| 724 | 11:00 | Willy | Duhen | |
| 731 | 11:01 | Andrew | Dumas | |
| 395 | 10:05 | Kirsty | Durman | |
| 244 | 09:40 | Rachel | Dwek | |
| 492 | 10:21 | Dennis | Earl | |
| 234 | 09:38 | Lyn | Egan | |
| 23 | 09:03 | Francisco | Egana Barrios | Tri london |
| 299 | 09:49 | anwar | el bizanti | |
| 300 | 09:49 | chris | el bizanti | |
| 301 | 09:49 | kate | el bizanti | |
| 206 | 09:34 | Anne | Eldridge | |
| 691 | 10:54 | Alex | Elferink | Serpentine Running Club |
| 671 | 10:51 | James | Ellis | ful-on tri |
| 69 | 09:11 | Charlie | Elson | windrush triathlon club |
| 493 | 10:21 | Peter | Elson | |
| 462 | 10:16 | Jonny | Emmerson | |
| 221 | 09:36 | Kerry | Enzor | |
| 626 | 10:44 | Christian | Esteves | |
| 245 | 09:40 | Maximillian | Etheridge | |
| 246 | 09:40 | Lynnette | Eve | |
| 17 | 09:02 | Hannah | Ewens | Crystal Palace Triathletes |
| 32 | 09:05 | | | Crystal Palace Triathletes |
| 770 | 11:08 | Katie | Falconer | South London Harriers |
| 627 | 10:44 | Nicole | Falla | |

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| Race No. | Start Time | First Name | Last Name | Club name |
| 546 | 10:30 | Fabio | Faraggi | |
| 207 | 09:34 | Gary | farrant | |
| 122 | 09:20 | Niamh | Farrell | Tri london |
| 34 | 09:05 | John Peter | Farrington | Tri london |
| 302 | 09:50 | Ian | Fernandez | |
| 193 | 09:31 | Oliver | Field | |
| 725 | 11:00 | Andrew | Field | |
| 547 | 10:30 | Paul | Finnegan | |
| 692 | 10:55 | Thomas | Finnegan | |
| 396 | 10:05 | Geraldine | Finucane | Clapham Chasers |
| 595 | 10:38 | James | Fisher | |
| 397 | 10:05 | Rebecca | Fisher lamb | |
| 103 | 09:16 | Hannah | Fishpool | windrush triathlon club |
| 336 | 09:55 | Jenna | Fishwick | |
| 376 | 10:02 | John | Fishwick | |
| 628 | 10:44 | Joseph | Fletcher | |
| 629 | 10:44 | Peppi | Fletcher | |
| 13 | 09:01 | Anthony | Flick | Tri london |
| 10 | 09:01 | Nick | Flower | windrush triathlon club |
| 43 | 09:06 | Frank | Fonton | windrush triathlon club |
| 630 | 10:44 | Henry | Foot | |
| 370 | 10:01 | James | Fotheringham | |
| 760 | 11:06 | Mandy | Frankland | |
| 548 | 10:31 | mark | franklin | |
| 222 | 09:36 | Catherine | French | |
| 317 | 09:52 | Lucy | Fry | |
| 596 | 10:39 | Kenzo | Fry | |
| 119 | 09:19 | Alicja | Furmanczyk | windrush triathlon club |
| 247 | 09:40 | Joanna | Gambell | |
| 377 | 10:02 | Micha | Gamper | Clapham Chasers |
| 248 | 09:41 | Paul | Gardner | |
| 72 | 09:11 | Steve | Garrett | Crystal Palace Triathletes |
| 398 | 10:06 | Luke | Gazzard | |
| 303 | 09:50 | matthew | gee | |
| 208 | 09:34 | Luke | Georgiou | |
| 70 | 09:11 | Lizzie | German | windrush triathlon club |
| 516 | 10:25 | Sam | Gerstein | |
| 549 | 10:31 | Julian | Gibson | Tri surrey |
| 337 | 09:55 | Marc | Gil | Serpentine Running Club |
| 65 | 09:10 | Tom | Gilboy | Tri london |
| 226 | 09:37 | stuart | gillies | |
| 550 | 10:31 | Colin | Gleeson | Serpentine Running Club |
| 338 | 09:56 | Elizabeth | Glennon | |
| 517 | 10:25 | Howard | Glynn | |
| 551 | 10:31 | Staffan | Gnospelius | |
| 28 | 09:04 | Rebecca | Goodwin | windrush triathlon club |
| 399 | 10:06 | Mikko | Gordon | |
| 631 | 10:44 | Emerson | Gorham | |
| 777 | 11:09 | Christian | Gray | East Essex Tri Club |
| 82 | 09:13 | Alex | Green | windrush triathlon club |

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| Race No. | Start Time | First Name | Last Name | Club name |
| 518 | 10:26 | Rebecca | Green | |
| 223 | 09:36 | Vivienne | Greig | Beckenham RC |
| 632 | 10:45 | Louise | Gretton | HERC Tri |
| 99 | 09:16 | Stephen | Grey | windrush triathlon club |
| 31 | 09:04 | John | Griffin | Tri london |
| 400 | 10:06 | Paul | Griffiths | |
| 503 | 10:23 | Toby | Griffiths | |
| 672 | 10:51 | Jack | Hambleton | Clapham Chasers |
| 401 | 10:06 | Gareth | Hamer-Hodges | |
| 441 | 10:13 | David | Hamilton | |
| 519 | 10:26 | Laura | Hamilton | Serpentine Running Club |
| 633 | 10:45 | John | Hammond | |
| 402 | 10:06 | Martin | Hancock | |
| 673 | 10:51 | Patrick | Hannah | greenwich tritons |
| 693 | 10:55 | Adam | Hannath | |
| 304 | 09:50 | Gayle | Hannon | |
| 339 | 09:56 | Jenny | Harley | East Essex Tri Club |
| 162 | 09:26 | Adam | Harman | |
| 694 | 10:55 | Richard | Harper | ful-on tri |
| 30 | 09:04 | Rhodri | Harris | windrush triathlon club |
| 96 | 09:15 | Dan | Harris | windrush triathlon club |
| 552 | 10:31 | Richard | Harris | |
| 674 | 10:52 | Robert | Harris | |
| 494 | 10:22 | Andrea | Hart | |
| 685 | 10:53 | Simon | Hartley | TriDads |
| 340 | 09:56 | Naomi | Hartopp | Clapham Chasers |
| 36 | 09:05 | Imogen | Harvey | Tri london |
| 133 | 09:21 | Nathalie | Harvier | |
| 634 | 10:45 | Julian | Hatchwell | |
| 553 | 10:31 | Oliver | Hayes | |
| 732 | 11:01 | Helena | Hayes | |
| 554 | 10:32 | mark | hayman | |
| 305 | 09:50 | Steven | Hazell | |
| 635 | 10:45 | Kevin | Hazell | david lloyd sidcup |
| 45 | 09:07 | Alex | Heaps | windrush triathlon club |
| 287 | 09:47 | marie | helly | |
| 227 | 09:37 | Joanna | Henderson | Clapham Chasers |
| 92 | 09:15 | Rune | Henriksen | Tri london |
| 249 | 09:41 | Eduard | Hernandez | |
| 80 | 09:13 | Dermot | Heron | windrush triathlon club |
| 39 | 09:06 | Olivia | Hetreed | Tri london |
| 504 | 10:23 | Elizabeth | Hickey | |
| 695 | 10:55 | Ben | Hieatt-Smith | South London Harriers |
| 555 | 10:32 | John | Higgins | Serpentine Running Club |
| 659 | 10:49 | Robert | Higham | Homerton University Hospital |
| 449 | 10:14 | Jamie | Hill | |
| 463 | 10:16 | Edward | Hill | |
| 733 | 11:01 | Nathan | Hilton | |
| 163 | 09:26 | Lewis | Hoare | |
| 250 | 09:41 | Rory | Hoare | |

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| Race No. | Start Time | First Name | Last Name | Club name |
| 597 | 10:39 | Emily | Hodgson | |
| 341 | 09:56 | Anthony | Holloway | |
| 403 | 10:06 | Dale | Holmes | |
| 14 | 09:02 | Pleuni | Hooijman | Tri london |
| 108 | 09:17 | Mark | Hoolahan | Crystal Palace Triathletes |
| 598 | 10:39 | Edward | Hooper | |
| 636 | 10:45 | Lucy | Hopkins | |
| 143 | 09:23 | Michael | Horgan | |
| 144 | 09:23 | Christopher | Horgan | |
| 251 | 09:41 | Robert | Horgan | |
| 22 | 09:03 | Jon | Horsman | Crystal Palace Triathletes |
| 556 | 10:32 | Andrew | Hoseason | kingfisher triathletes |
| 714 | 10:58 | Oliver | Houghton | Clapham Chasers |
| 734 | 11:02 | Scott | Houston | Serpentine Running Club |
| 404 | 10:07 | Dominic | Howard | |
| 405 | 10:07 | Andy | Howard | |
| 29 | 09:04 | Raya | Hubbell | windrush triathlon club |
| 25 | 09:03 | Ben | Hudson | windrush triathlon club |
| 342 | 09:56 | Rory | Hughes | |
| 378 | 10:02 | Ellie | Hughes | |
| 318 | 09:52 | Alison | Hunt | |
| 406 | 10:07 | Ian | Hunt | |
| 134 | 09:22 | Joe | Hunter | |
| 464 | 10:17 | Johnathon | Hynes | |
| 42 | 09:06 | Ben | Idle | Tri london |
| 164 | 09:27 | Jamie | Innes | |
| 123 | 09:20 | Catherine | Isaac | windrush triathlon club |
| 675 | 10:52 | John | Isitt | |
| 283 | 09:46 | sean | ivory | |
| 135 | 09:22 | Lisa | Jackson | |
| 252 | 09:41 | Christopher | Jackson | |
| 385 | 10:03 | Giselle | Jackson | |
| 696 | 10:55 | Matt | Jackson | |
| 117 | 09:19 | Prasoon | Jaiswal | Tri london |
| 86 | 09:14 | Paul | James | windrush triathlon club |
| 450 | 10:14 | Rhodri | James | South London Harriers |
| 145 | 09:23 | Robin | Jamieson | Striders of Croydon |
| 465 | 10:17 | Sam | Jarman | |
| 343 | 09:56 | Adam | Jarosz | |
| 136 | 09:22 | Jacqueline | Jarvis | Dulwich Park Runners |
| 407 | 10:07 | Alex | Jenkins | Clapham Chasers |
| 715 | 10:58 | Ben | Jenkins | |
| 747 | 11:04 | Christina | Jenkins | ful-on tri |
| 209 | 09:34 | Peter | Jerrom | |
| 165 | 09:27 | Matthew | Johnson | |
| 599 | 10:39 | Mark | Jolly | greenwich tritons |
| 379 | 10:02 | Izzy | Jones | London Fields Triathlon Club |
| 600 | 10:39 | Stephen | Jones | |
| 306 | 09:50 | Tom | Joslin | |
| 186 | 09:30 | Dan | Joyce | |

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| Race No. | Start Time | First Name | Last Name | Club name |
| 44 | 09:07 | Gesine | Junker | windrush triathlon club |
| 662 | 10:50 | Hannah | Kane | East Essex Tri Club |
| 185 | 09:30 | Christian | Kapur | |
| 697 | 10:55 | Merilee | Karr | ful-on tri |
| 637 | 10:45 | Rosh | Karunaratne | Serpentine Running Club |
| 676 | 10:52 | yu | kawachi | Ealing Triathletes |
| 253 | 09:41 | Tadeus | Kazinec | |
| 166 | 09:27 | Ellen | Keenan-O'Malley | |
| 167 | 09:27 | John | Kelly | |
| 663 | 10:50 | Denise | Kemp | East Essex Tri Club |
| 288 | 09:47 | Robert | Kennedy | |
| 408 | 10:07 | Howard | Kerr | |
| 58 | 09:09 | Luke | Kevan | windrush triathlon club |
| 466 | 10:17 | Matthew | Kidd | |
| 371 | 10:01 | Julia | Killick | |
| 210 | 09:34 | Reka | Kinda | |
| 409 | 10:07 | Marcia | King | |
| 442 | 10:13 | Andrew | King | |
| 698 | 10:56 | Colin | King | Thames Valley Triathletes |
| 410 | 10:08 | Abigail | Kingston | |
| 467 | 10:17 | vaughan | kingston | |
| 686 | 10:54 | Suzannah | Kinsella | Tunbridge Wells Triathlon Club |
| 532 | 10:28 | Jan ole | kiso | |
| 168 | 09:27 | Donna | Kissi | |
| 344 | 09:57 | Antonia | Klein | Triathlon Europe |
| 411 | 10:08 | Evgenia | Koroleva | ful-on tri |
| 345 | 09:57 | David | Krige | Oxford Tri |
| 664 | 10:50 | Mattias | Kunz | |
| 412 | 10:08 | Dein-Soren | Laido | |
| 748 | 11:04 | William | Lake | Serpentine Running Club |
| 468 | 10:17 | David | Lale | |
| 346 | 09:57 | Andrew | Lam | |
| 194 | 09:32 | Paul | Lancaster | |
| 469 | 10:17 | Richard | Langston | |
| 83 | 09:13 | Matt | Lawley | Crystal Palace Triathletes |
| 78 | 09:12 | Benjamin | Lawson | windrush triathlon club |
| 771 | 11:08 | Gary | Laybourne | South London Harriers |
| 413 | 10:08 | Mark | Leah | |
| 146 | 09:24 | Edward | Leake | |
| 324 | 09:53 | Daniel | Leary | |
| 73 | 09:11 | Martin | Leat | Crystal Palace Triathletes |
| 137 | 09:22 | Jorge | Lee | |
| 386 | 10:04 | Jason | Lee | |
| 775 | 11:08 | Euan | Lees | ful-on tri |
| 638 | 10:46 | Matthew | Leighton | |
| 735 | 11:02 | Steven | Leonard | Clapham Chasers |
| 761 | 11:06 | Samuel | Leonard | Clapham Chasers |
| 613 | 10:41 | Sari | Leppala | South London Harriers |
| 100 | 09:16 | Lydia | Levy | windrush triathlon club |
| 50 | 09:08 | Richard | Lewey | Crystal Palace Triathletes |

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| Race No. | Start Time | First Name | Last Name | Club name |
| 765 | 11:07 | Dominic | Lewis | Clapham Chasers |
| 66 | 09:10 | Michael | Lieberherr | Tri london |
| 520 | 10:26 | Leena | Lindvall | South London Harriers |
| 289 | 09:47 | Will | Lingard | |
| 49 | 09:07 | graham | little | dulwich paragon |
| 111 | 09:18 | Kevin | Lockwood | windrush triathlon club |
| 414 | 10:08 | Alex | Loftus | |
| 557 | 10:32 | Melissa | Lomax | Mornington Chasers Triathlon |
| 736 | 11:02 | Ben | Longden | |
| 254 | 09:42 | Mark | Lord | |
| 588 | 10:37 | Kate | Lott | |
| 766 | 11:07 | Deborah | Lowi | Serpentine Running Club |
| 228 | 09:37 | Kevin | Lowrie | |
| 347 | 09:57 | Javier | Lujambio | |
| 415 | 10:08 | Nathaniel | Lunn | |
| 348 | 09:57 | Marie | Lynch-Smart | Brighton Tri Club |
| 416 | 10:09 | Rachel | Lynn | |
| 558 | 10:32 | Rachel | Lyons | |
| 776 | 11:09 | Mark | Lyons | |
| 147 | 09:24 | Andy | Mace | |
| 148 | 09:24 | Elliot | Mace | |
| 195 | 09:32 | Peter | Mace | |
| 505 | 10:23 | Nicholas | Maggiulli | Serpentine Running Club |
| 601 | 10:39 | William | Malin | |
| 443 | 10:13 | Timmy | Man | |
| 506 | 10:24 | Wayne TW | Man | |
| 325 | 09:53 | Claudia | Manera | Serpentine Running Club |
| 97 | 09:15 | Anna | Marshall | windrush triathlon club |
| 169 | 09:27 | Richard | Martin | |
| 559 | 10:32 | Jack | Martin | East Essex Tri Club |
| 170 | 09:28 | John | Marx | |
| 602 | 10:40 | Julien | Mas | |
| 229 | 09:37 | Neil | Mason | |
| 521 | 10:26 | Sebastian | Massei | |
| 603 | 10:40 | Clare | Matthews | |
| 699 | 10:56 | Martin | Matthews | |
| 706 | 10:57 | Graham | Matthews | |
| 665 | 10:50 | sue | Mayes | East Essex Tri Club |
| 639 | 10:46 | Chris | McCandless | |
| 211 | 09:34 | Jennifer | McCloskey | |
| 470 | 10:18 | Niall | McCloskey | |
| 255 | 09:42 | Heather | McClure | |
| 560 | 10:33 | Steve | MCCOURT | Clapham Chasers |
| 561 | 10:33 | Gary | McCoy | |
| 471 | 10:18 | Darren | McCreery | |
| 307 | 09:50 | Kevin | McCreeth | |
| 716 | 10:59 | Sarah | McDade | Thames Valley Triathletes |
| 71 | 09:11 | Richard | McDermott | |
| 256 | 09:42 | Simon | McDonald | |
| 640 | 10:46 | Niall | McFadden | |

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|------------------------------------|
| Race No. | Start Time | First Name | Last Name | Club name |
| 604 | 10:40 | Laura | McGuinness | Serpentine Running Club |
| 257 | 09:42 | Jamie | McKay | |
| 417 | 10:09 | helen | Mckenzie | |
| 495 | 10:22 | Estelle | McLaughlin | Ealing Triathletes |
| 749 | 11:04 | Vanrisch | McLean | Serpentine Running Club |
| 472 | 10:18 | Ian | McNally | Ealing Triathletes |
| 258 | 09:42 | Carolyn | McNamara | South London Harriers |
| 444 | 10:13 | Nick | McNamara | South London Harriers |
| 750 | 11:04 | Claire | McNicol | greenwich tritons |
| 507 | 10:24 | Hannah Jean | McQuarrie | Mornington Chasers |
| 259 | 09:42 | Sinead | McSweeney | |
| 106 | 09:17 | Clive | MEHEW | windrush triathlon club |
| 418 | 10:09 | Arthur | Mehta | |
| 40 | 09:06 | Francisco Javier | Mendez Moyano | Tri london |
| 445 | 10:13 | Tom | Mercer | |
| 755 | 11:05 | Fred | Merrett | |
| 508 | 10:24 | Andrew | Merryweather | Ocean Lake Tri |
| 326 | 09:54 | Nick | Milburn | |
| 349 | 09:57 | Laurence | Miller | |
| 350 | 09:58 | Michelle | Mills | |
| 666 | 10:50 | julien | Mills | |
| 641 | 10:46 | Atholl | Milton | |
| 260 | 09:43 | Victoria | Mitchell | |
| 308 | 09:51 | Ewan | Mitchell | |
| 707 | 10:57 | Thomas | Mitchell | Clapham Chasers |
| 59 | 09:09 | Tobias | Mittelstaedt | windrush triathlon club |
| 562 | 10:33 | Kristina | Moeller | |
| 109 | 09:17 | Alfonso | Monroy | Tri london |
| 309 | 09:51 | les | moore | |
| 284 | 09:47 | Alicia | Moralee | |
| 756 | 11:05 | Josep | Morato | Serpentine Running Club |
| 737 | 11:02 | Sian | Morgan | ful-on tri |
| 319 | 09:52 | Natalie | Morley | |
| 642 | 10:46 | Johanna | Morley | |
| 677 | 10:52 | Jack | Morris | East Essex Tri Club |
| 261 | 09:43 | Caroline | Morten | |
| 473 | 10:18 | Simon | Moss | |
| 171 | 09:28 | Melanie | Moult | |
| 717 | 10:59 | michael | mudd | |
| 718 | 10:59 | Tom | Muers | East Essex Tri Club |
| 262 | 09:43 | James | Mullarkey | Rambo First Blood |
| 700 | 10:56 | Gavin | Murrison | Serpentine Running Club |
| 701 | 10:56 | Patrick | Navein | |
| 563 | 10:33 | Kevin | Neath | |
| 738 | 11:02 | Simon | Needle | Serpentine Running Club |
| 138 | 09:22 | Michelle | Nelson | |
| 474 | 10:18 | David | Nelson | |
| 310 | 09:51 | Mark | Newman | |
| 564 | 10:33 | Matthew | Newman | Other |
| 687 | 10:54 | Nick | Newman | london fire brigade triathlon club |

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|--|
| Race No. | Start Time | First Name | Last Name | Club name |
| 475 | 10:18 | Victoria | Newton | |
| 419 | 10:09 | Melissa | Niblett | |
| 172 | 09:28 | Richard | Niblock | |
| 476 | 10:19 | Amanda | Nicholls | |
| 263 | 09:43 | Zen | Nichols | |
| 708 | 10:57 | Mark | Nightingale | |
| 351 | 09:58 | Stephanie | Nimmo | Wimbledon Windmilers |
| 565 | 10:33 | Phillip | Norman | |
| 224 | 09:37 | Jean | O Donovan | |
| 446 | 10:14 | Rob | O'Brien | |
| 372 | 10:01 | Bianca | O'Donnell | Hampstead Triathlon Club |
| 605 | 10:40 | Eamonn | ODwyer | |
| 54 | 09:08 | Chris | O'Gorman | Crystal Palace Triathletes |
| 509 | 10:24 | Amy | O'Gorman | |
| 196 | 09:32 | Alison | Oosthuizen | |
| 702 | 10:56 | Jane | Osborne | ful-on tri |
| 311 | 09:51 | Mark | O'sullivan | |
| 352 | 09:58 | Ian | Owen | |
| 643 | 10:46 | Ciara | Owens | Harlech Triathlon |
| 762 | 11:06 | Jose | Paiva | Serpentine Running Club |
| 644 | 10:47 | Alex | Pallin | |
| 212 | 09:35 | Steve | Palmer | |
| 353 | 09:58 | Emma | Palmer | |
| 380 | 10:03 | Javier | Panizo Espuelas | |
| 477 | 10:19 | Kieran | Papasavva | |
| 757 | 11:05 | Charlotte | Parkinson | |
| 264 | 09:43 | Sherradan | Parnell | |
| 678 | 10:52 | Gareth | Parr | South London Harriers |
| 719 | 10:59 | Sean | Parrett | London Fields Triathlon Club |
| 16 | 09:02 | Rob | Parry | Crystal Palace Triathletes |
| 645 | 10:47 | Amber | Partridge | |
| 510 | 10:24 | Kasia | PASTERNAK | |
| 173 | 09:28 | Amit | Patel | |
| 213 | 09:35 | Alex | Patton | |
| 566 | 10:34 | Lucy | Peacock | |
| 90 | 09:14 | Adele | Peeres | windrush triathlon club |
| 174 | 09:28 | David | Peggie | |
| 265 | 09:43 | Mark | Pemberton | |
| 266 | 09:44 | phil | pemberton | |
| 420 | 10:09 | Borja | Perez | |
| 139 | 09:22 | Doug | Perkins | |
| 37 | 09:05 | Paolo | Perugini | Tri london |
| 567 | 10:34 | Jim | Phelan | Blackheath and Bromley Harriers Tri Club |
| 568 | 10:34 | Jo | Phelps | East Essex Tri Club |
| 496 | 10:22 | Neil | Phillips | Presidentblinds.com |
| 62 | 09:10 | lucy | pickering | windrush triathlon club |
| 230 | 09:38 | Neil | Pike | Tridads |
| 53 | 09:08 | Saffron | Pineger | windrush triathlon club |
| 6 | 09:00 | Daniel | Pinn | Crystal Palace Triathletes |
| 9 | 09:01 | Alexander | Porte | Tri london |

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|---------------------------------|
| Race No. | Start Time | First Name | Last Name | Club name |
| 421 | 10:09 | Ed | Potter | |
| 569 | 10:34 | RICHARD | POVEY | |
| 11 | 09:01 | Eli | Powell | Tri london |
| 320 | 09:53 | Michael | Powell | ful-on tri |
| 646 | 10:47 | claire | Powell | HERC Tri |
| 739 | 11:02 | Holly | Powell | |
| 703 | 10:56 | Gail | Preston | |
| 4 | 09:00 | amy | pritchard | Tri london |
| 447 | 10:14 | Benjamin | Privett | |
| 116 | 09:19 | Martin | Pugh | windrush triathlon club |
| 679 | 10:52 | Nicole | Pugson | London Fields Triathlon Club |
| 570 | 10:34 | Samuel | Pusey | |
| 680 | 10:53 | Carly | Quigley | |
| 740 | 11:03 | Niall | Quigley | |
| 3 | 09:00 | Natasha | Raggett | Crystal Palace Triathletes |
| 571 | 10:34 | Laila | RAM | |
| 478 | 10:19 | Natalie | Ramsden | |
| 327 | 09:54 | Halcyon | Ransom | |
| 354 | 09:58 | William | Ray | |
| 267 | 09:44 | Leyla | Razavi Fallahieh | Mornington Chasers Running Club |
| 522 | 10:26 | Dianne | Readings | |
| 175 | 09:28 | David | Ream | |
| 7 | 09:00 | Gordon | Reid | Tri london |
| 355 | 09:58 | Claire | Renn | |
| 312 | 09:51 | Chris | Richards | |
| 356 | 09:59 | Daniel | Richards | |
| 422 | 10:10 | Jannet | Ricketts | |
| 214 | 09:35 | Tim | Riddington | |
| 357 | 09:59 | Olivia | Riddle | |
| 63 | 09:10 | Thomas | Rigard-Asquith | Crystal Palace Triathletes |
| 38 | 09:06 | Ellie | Riley | windrush triathlon club |
| 93 | 09:15 | Emily | Risness | Tri london |
| 358 | 09:59 | Joe | Roberts | greenwich tritons |
| 268 | 09:44 | Ian | Robertson | |
| 290 | 09:48 | Joe | Robertson | |
| 381 | 10:03 | Jo | Robertson | |
| 21 | 09:03 | Emily | Robinson | windrush triathlon club |
| 479 | 10:19 | Aileen | Robinson | Thames Turbo Triathlon Club |
| 606 | 10:40 | Stephen | Robinson | Thames Turbo Triathlon Club |
| 681 | 10:53 | Stephen | Robson | |
| 480 | 10:19 | Thomas | Roff | 7oaks Triathlon Club |
| 481 | 10:19 | Chris | Rogers | |
| 113 | 09:18 | Ben | Rollinson | windrush triathlon club |
| 423 | 10:10 | Heather | Romain | |
| 688 | 10:54 | Sergio | Ros | |
| 87 | 09:14 | Sarah | Rounding | windrush triathlon club |
| 667 | 10:50 | Rachel | Rowan | Thames Turbo Triathlon Club |
| 269 | 09:44 | Alex | Rowbottom | |
| 152 | 09:25 | Luis | Rozan | |
| 424 | 10:10 | Catherine | Ruffle | |

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|-----------------------------|
| Race No. | Start Time | First Name | Last Name | Club name |
| 572 | 10:35 | Adrian | Russell | |
| 780 | 11:09 | Will | Russell | Thames Turbo Triathlon Club |
| 726 | 11:00 | Szymon | Rutkowski | Thames Turbo Triathlon Club |
| 270 | 09:44 | Michael | Saenz | |
| 425 | 10:10 | Maria Fe | Salazar | |
| 19 | 09:02 | Charlotte | Sanderson | Crystal Palace Triathletes |
| 589 | 10:37 | Andrea | Sanders-Reece | Mornington Chasers |
| 313 | 09:51 | Nicola | Sands | |
| 647 | 10:47 | Clint | Sauls | South London Harriers |
| 271 | 09:44 | Annette | Saunders | |
| 511 | 10:24 | Terry | Saunders | |
| 272 | 09:45 | Dmitrij | Savickij | greenwich tritons |
| 573 | 10:35 | Laurent | Schonbach | |
| 176 | 09:29 | Tom | Schwarz | |
| 451 | 10:14 | Chris | Scott | Thames Turbo Triathlon Club |
| 140 | 09:23 | Anna | Semmens | |
| 273 | 09:45 | William | Seymour | |
| 590 | 10:38 | David | Shapton | |
| 274 | 09:45 | Fiona | Sharman | |
| 12 | 09:01 | Richard | Sharp | windrush triathlon club |
| 60 | 09:09 | Matthew | Shaw | windrush triathlon club |
| 689 | 10:54 | Gary | Shaw | greenwich tritons |
| 763 | 11:06 | Ian | Shaw | Thames Turbo Triathlon Club |
| 104 | 09:17 | Gary | Shearin | windrush triathlon club |
| 359 | 09:59 | Camilla | Sheldon | |
| 426 | 10:10 | Holly | Sheldon | |
| 360 | 09:59 | John | Sheliker | greenwich tritons |
| 361 | 09:59 | Paul | Sherman | Abingdon Vale Tri |
| 482 | 10:20 | Terry | Shew | |
| 427 | 10:10 | Amy-Claire | Short | |
| 114 | 09:18 | Francesco | Sias | windrush triathlon club |
| 118 | 09:19 | Justin | Siderfin | windrush triathlon club |
| 215 | 09:35 | Shelley | Silas | |
| 720 | 10:59 | Darren | Simpson | S4F Triathlon Squad |
| 483 | 10:20 | Matthew | Sinclair | East Essex Tri Club |
| 574 | 10:35 | Alexander | Sinclair | East Essex Tri Club |
| 275 | 09:45 | Justyn | Singlehurst | |
| 575 | 10:35 | George | Siskos | greenwich tritons |
| 177 | 09:29 | Lea | Sitkin | |
| 128 | 09:21 | Richard | Slee | |
| 704 | 10:57 | Will | Smart | Brighton Tri Club |
| 187 | 09:30 | Georgie | Smith | |
| 292 | 09:48 | Nicola | Smith | |
| 428 | 10:11 | Michael | Smith | |
| 497 | 10:22 | Daniel | Smith | |
| 648 | 10:47 | Anna | Smith | |
| 649 | 10:47 | David | Smith | Serpentine Running Club |
| 650 | 10:48 | Ian | Smith | South London Harriers |
| 741 | 11:03 | Hugo | Smuts | |
| 512 | 10:25 | Stevo | Southwood | |

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|-----------------------------|
| Race No. | Start Time | First Name | Last Name | Club name |
| 46 | 09:07 | Russell | Speechley | windrush triathlon club |
| 576 | 10:35 | Peter | Springett | |
| 484 | 10:20 | Louis | Spurgin | |
| 429 | 10:11 | Andrew | Stark | |
| 523 | 10:26 | Ian | Stark | greenwich tritons |
| 764 | 11:07 | Thomas | Stell | Serpentine Running Club |
| 533 | 10:28 | James | Stembridge | |
| 721 | 10:59 | Jo | Stephens-Smith | |
| 188 | 09:31 | Sarah | Stevns | |
| 577 | 10:35 | Oliver | Stewart | |
| 651 | 10:48 | Keith | Stockdale | |
| 276 | 09:45 | Michelle | Stone | Clapham Chasers |
| 485 | 10:20 | Murray | Stone | |
| 200 | 09:33 | Grace | Stonehouse | |
| 774 | 11:08 | Richard | Stones | |
| 277 | 09:45 | Joseph | Sturla | |
| 321 | 09:53 | Mark | Sunderland | |
| 328 | 09:54 | Diane | Suter | Serpentine Running Club |
| 758 | 11:06 | Nathan | Sweeney | ful-on tri |
| 278 | 09:46 | Andrew | Symes | |
| 231 | 09:38 | Eniko | Szoke | |
| 178 | 09:29 | Alex | Tait | |
| 142 | 09:23 | Norman | Tamkivi | |
| 279 | 09:46 | Sheldon | Tamsett | |
| 216 | 09:35 | Ka Yui | Tang | |
| 652 | 10:48 | Oliver | Tanqueray | |
| 430 | 10:11 | Chris | Tapson | |
| 52 | 09:08 | Michael | Taylor | Tri london |
| 179 | 09:29 | Helen | Taylor | |
| 180 | 09:29 | Jacqueline | Taylor | |
| 181 | 09:29 | Louise | Taylor | |
| 1 | 08:45 | Haren | Thillainathan | windrush triathlon club |
| 653 | 10:48 | Alan | Thomas | |
| 690 | 10:54 | Neal | Thomas | |
| 751 | 11:04 | sara | thomas | Serpentine Running Club |
| 88 | 09:14 | Helen | Thompson | windrush triathlon club |
| 285 | 09:47 | Michael | Thompson | |
| 524 | 10:27 | Greg | Thornett | |
| 217 | 09:35 | Andy | Thornley | |
| 141 | 09:23 | Robert | Thornton | |
| 682 | 10:53 | Richie | Thorpe | Thames Turbo Triathlon Club |
| 525 | 10:27 | David | Tihanyi | London Frontrunners |
| 218 | 09:36 | Collette | Tilson | |
| 35 | 09:05 | Chris | Tirant | Tri london |
| 486 | 10:20 | Eimear | Toomey | ful-on tri |
| 654 | 10:48 | Cormac | Toomey | Clapham Chasers |
| 767 | 11:07 | Craig | Topp | |
| 151 | 09:24 | Jess | Torr | Clapham Chasers |
| 47 | 09:07 | Dean | Totham | windrush triathlon club |
| 81 | 09:13 | Rhys | Triffitt | windrush triathlon club |

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|----------------------------|
| Race No. | Start Time | First Name | Last Name | Club name |
| 655 | 10:48 | Freya | Tringham | Clapham Chasers |
| 362 | 10:00 | Brendan | Trobe | |
| 607 | 10:40 | Terence | Tsui | RG active race team |
| 448 | 10:14 | David | Tyler | |
| 79 | 09:12 | Dan | Tyson | windrush triathlon club |
| 578 | 10:36 | Jose | Vadillo | |
| 182 | 09:30 | Rainer | van den bosch | |
| 579 | 10:36 | Roman | van den Bosch | |
| 48 | 09:07 | Harry | Vaneris | windrush triathlon club |
| 526 | 10:27 | Thomas | Vella | |
| 363 | 10:00 | Tanja | Velling | Serpentine Running Club |
| 115 | 09:18 | Tom | Venables | windrush triathlon club |
| 219 | 09:36 | John | Vickers | |
| 452 | 10:15 | Emma | Vickers | |
| 183 | 09:30 | Duncan | Victorin | |
| 431 | 10:11 | Mario | Vieira | |
| 580 | 10:36 | Bono | Vincent | Clapham Chasers |
| 232 | 09:38 | Paul | Vivash | |
| 190 | 09:31 | Anna | Volkmer | |
| 84 | 09:13 | Rachel | Wadham | Crystal Palace Triathletes |
| 656 | 10:49 | Florian | Wagner | Clapham Chasers |
| 772 | 11:08 | Tim | Wainwright | greenwich tritons |
| 432 | 10:11 | Hilary | Walker | Serpentine Running Club |
| 433 | 10:11 | Gregory | Walmsley | Tri Surrey |
| 61 | 09:09 | Justin | Walsh | windrush triathlon club |
| 453 | 10:15 | Anton | Walsh | |
| 657 | 10:49 | Ronan | Walsh | |
| 660 | 10:49 | Eileen | Walsh | Serpentine Running Club |
| 658 | 10:49 | michael | Warner | Tri Henley |
| 454 | 10:15 | John | warton | Clapham Chasers |
| 591 | 10:38 | Tom | Watkins | |
| 124 | 09:20 | Jo | Watts | windrush triathlon club |
| 89 | 09:14 | Robert | Weinert-Aplin | windrush triathlon club |
| 487 | 10:20 | John | Weller | |
| 322 | 09:53 | Christy | Wellings | |
| 364 | 10:00 | David | Westgate | |
| 382 | 10:03 | Chris | Westwood | |
| 434 | 10:12 | Andrew | Whelan | greenwich tritons |
| 527 | 10:27 | Nick | Whelan | |
| 614 | 10:42 | Louise | Whelan | |
| 120 | 09:19 | Elly | White | windrush triathlon club |
| 220 | 09:36 | Amy | White | |
| 608 | 10:41 | Aga | Wicinska | Serpentine Running Club |
| 455 | 10:15 | Helen | Wilkes | Lazy Girl Running |
| 76 | 09:12 | Simon | Williams | Tri london |
| 197 | 09:32 | Graham | Williams | |
| 365 | 10:00 | Rebecca | Williams | |
| 435 | 10:12 | Simon | Williams | |
| 581 | 10:36 | Nick | Williams | |
| 582 | 10:36 | Edward | Williamson | |

CRYSTAL PALACE TRIATHLON - SUNDAY 14 MAY - ADULT SPRINT - START TIMES

| PLEASE BE ON POOLSIDE AT LEAST 15 MINUTES BEFORE START TIME TO COLLECT TIMING CHIP | | | | |
|---|-------------------|-------------------|------------------|----------------------------|
| Race No. | Start Time | First Name | Last Name | Club name |
| 742 | 11:03 | Barry | Willis | |
| 534 | 10:28 | Rose | Wilmot | Brighton Tri Club |
| 27 | 09:04 | James | Wilson | Tri london |
| 198 | 09:32 | Stuart | Wilson | |
| 436 | 10:12 | Mark | Wilson | |
| 383 | 10:03 | Henry | Witt | |
| 314 | 09:52 | Amanda | Woby | |
| 184 | 09:30 | Peter | wood | |
| 437 | 10:12 | alice | wood | |
| 149 | 09:24 | Sue | Woodhead | |
| 233 | 09:38 | Glenn | Woodhead | |
| 366 | 10:00 | Steven | Woodward | |
| 367 | 10:00 | Claudia | Woodward | |
| 189 | 09:31 | Bryan | Woolfall | |
| 488 | 10:21 | Matt | Worley | |
| 26 | 09:04 | Jonathan | Wortelboer | Tri london |
| 24 | 09:03 | Martin | Worthington | Tri london |
| 609 | 10:41 | Alan | Wray | Herne hill harriers |
| 15 | 09:02 | Jade | Wright | Tri london |
| 528 | 10:27 | Danielle | Wright | |
| 513 | 10:25 | Clare | Wyngard | Dulwich Runners |
| 191 | 09:31 | Daniel | Yeates | |
| 101 | 09:16 | Ronald | Yee | Crystal Palace Triathletes |
| 2 | 09:00 | nils | young | Tri london |
| 126 | 09:20 | Andrew | Young | windrush triathlon club |
| 150 | 09:24 | Benedict | Young | |
| 280 | 09:46 | sarah | young | |
| 281 | 09:46 | Madeline | Young | |
| 315 | 09:52 | Steve | Young | |
| 583 | 10:36 | Sebastian | Zentgraf | greenwich tritons |
| 514 | 10:25 | Vilmos | Zsombori | |
| 368 | 10:01 | Vilmos | Zsombori (Snr) | |