

# Thames Turbo v CPT Duathlon Time Trial

**Date:** Sat 9th February 2013  
**Conditions:** Good. Cold (4C), with very light breeze. Track damp from overnight rain.

Cat	Overall Pos	Name	Club	Total Time	Splits						Bike Split		
					Run1	Rank	Bike	Rank	Run2	Rank	Time/lap	kph	mph
<b>TS1 Girls</b> Run1: 0.5k Bike: 3k Run2: 0.7k	1	Alexandra Fisker-Van	CPT	12:23	1:45	=1	7:35	1	3:03	1	3:48	23.7	14.7
	2	Lottie Hull	CPT	12:58	1:45	=1	8:06	2	3:07	2	4:03	22.2	13.8
	3	Madeline Smith	CPT	13:39	1:57	3	8:28	5	3:14	5	4:14	21.3	13.2
	4	Phoebe Fennell	TT	13:43	2:00	=4	8:33	7	3:10	3	4:16	21.1	13.1
	5	Lili Jenkins	CPT	13:43	2:00	=4	8:23	4	3:20	6	4:11	21.5	13.3
	6	Tallulah Penney	TT	13:45	2:01	=6	8:30	6	3:14	4	4:15	21.2	13.1
	7	Izzy Goodger	TT	13:51	2:13	11	8:12	3	3:26	7	4:06	22.0	13.6
	8	Isobela Gilkes	TT	15:42	2:01	=6	9:59	11	3:42	8	5:00	18.0	11.2
	9	Maisie Swinchen-Rew	TT	15:52	2:02	8	9:55	10	3:55	9	4:58	18.2	11.3
	10	Lottie Thorpe	TT	16:26	2:28	14	9:26	9	4:32	12	4:43	19.1	11.8
	11	Charlotte Lewis	TT	16:33	2:10	10	10:16	12	4:07	11	5:08	17.5	10.9
	12	Scarlett Newton	TT	17:00	2:23	13	9:23	8	5:14	13	4:42	19.2	11.9
	13	Connie Bowles	TT	17:58	2:07	9	11:49	13	4:02	10	5:54	15.2	9.4
	14	Tabitha Woddis	TT	20:44	2:19	12	12:27	14	5:58	14	6:14	14.5	9.0
Cat	Overall Pos	Name	Club	Total Time	Splits						Bike Split		
<b>TS1 Boys</b> Run1: 0.5k Bike: 3k Run2: 0.7k	1	Mack Downey	TT	11:45	1:36	1	7:24	2	2:45	1	3:42	24.3	15.1
	2	Ryan Mullen	TT	11:58	1:43	3	7:13	1	3:02	4	3:37	24.9	15.5
	3	Matthew O'Neil	TT	12:04	1:37	2	7:28	3	2:59	2	3:44	24.1	14.9
	4	Henri Wright	TT	12:23	1:52	5	7:30	4	3:01	3	3:45	24.0	14.9
	5	Archie Price	TT	13:13	1:49	4	7:37	5	3:47	7	3:49	23.6	14.7
	6	Nathan Goodger	TT	13:21	1:55	6	8:16	7	3:10	5	4:08	21.8	13.5
	7	Spencer Bateman	TT	14:23	1:56	7	8:55	8	3:32	6	4:27	20.2	12.5
	8	Tomas King	CPT	14:40	2:08	8	8:11	6	4:21	8	4:05	22.0	13.6